## CMS: Respectful, Responsible, Safe





The message this year for Carlisle students is "Respectful, Responsible, and Safe". The teachers have T-shirts with this message, they talk about it in the classrooms and the students are participating in activities throughout the year promoting this message. We kicked this off yesterday with an assembly for middle and high school students. The group IT'TIME2 came to Carlisle Schools to talk about bullying, teen suicide, and how to seek help.

After retiring from his practice as an orthopedic surgeon, Brian Ceccarelli founded IT'TIME2 to bring awareness to schools about bullying and teen suicide. He presents at many Miami Valley schools using true stories and testimonies to inform and inspire students to seek help if they are being bullied or are considering hurting themselves. He brings speakers out to share their stories with the students about their struggles with these very important issues.

The students were very attentive and even shared stories of their own struggles during the question portion of the presentation. It was a solid beginning to a year of *Respectful, Responsible, and Safe* behavior. Next up, CMS will be participating in Re-Do Day. This is another day to examine mental health and support students who are struggling.



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Middle school is a time of change. Second Step helps you teach powerful skills and competencies—like handling strong emotions, setting and meeting goals, making good decisions, and forging positive relationships—while building the safe, supported learning environment middle schoolers need to succeed. All students at Chamberlain Middle School are participating in Second Step. Weekly lessons are facilitated through the Social Studies classrooms.





As we end our 1st quarter, we have many community members and faculty members that have had a big influence to our great start. We want to thank all that will donate their time that will help during ReDo day. What is "ReDo day"? The Violence Free Coalition of Warren County will bring the "ReDo Day" program to our 7<sup>th</sup> and 8<sup>th</sup> grade students on October 28<sup>th</sup> and 29<sup>th</sup>. Students and adult leaders (teachers, volunteers, youth leaders, retired teachers, etc.) experience a mixture of whole group and small group activities and games that promote equality, fairness, and anti-bullying. Through the day's activities, students will learn that they have more in common with each other than they originally thought. Students will be encouraged to continue the ideas of ReDo (Respect, Engage, Defend, and Overcome) throughout the rest of the school year by creating an action plan. In the past, students have expressed that it was the best thing they have ever been a part of and they hope that everyone gets to experience it in the future.

